

Shatin Tsung Tsin Secondary School

Annual Athletic Meet 2018-2019

Time Table

Day 1 - 3rd January 2019

Time	Boys			Girls			Event
	A	B	C	A	B	C	
09:30	(1) High Jump	(2) Shot Put			(3) Javelin	(4) Long Jump	Finals
	(5)100M	(7) 100M	(9) 100M	(6)100M	(8) 100M	(10) 100M	Heats
10:10	(11) 1500M	(13) 1500M	(15) 1500M	(12)1500M	(14) 1500M	(16)1500M	Finals
11:20	(17) Long Jump		(18) Shot Put	(19) High Jump		(20) Soft Ball Throw	Finals
11:35	(21) 400M	(23) 400M	(25) 400M	(22) 400M	(24) 400M	(26) 400M	Heats
LUNCH							
14:30	(27) 110M Hurdles	(28) 100M Hurdles		(29) 100M Hurdles	(30) 100M Hurdles		Finals
		(31) High Jump	(32) Long Jump	(33) Javelin		(34) Shot Put	
	(35) 200M	(37) 200M	(39) 200M	(36) 200M	(38) 200M	(40) 200M	Heats
15:00	(44) 4 x 400M	(43) 4 x 400M	(42) 4 x 400M	(41) 4 x 400M (Open)			Finals

Day 2 - 4th January 2019

Time	Boys			Girls			Event
	A	B	C	A	B	C	
09:00	(45) Shot Put	(46) Long Jump			(47) High Jump		Finals
	(48) 3000M (Open)			(49) 3000M (Open)			
09:50	(50) 400M	(52) 400M	(54) 400M	(51) 400M	(53) 400M	(55) 400M	
10:00		(56) Javelin		(57) Shot Put	(58) Long Jump	(59) High Jump	
10:10	(60)100M	(62) 100M	(64) 100M	(61) 100M	(63) 100M	(65) 100M	
10:25	(66) 800M	(68) 800M	(70) 800M	(67) 800M	(69) 800M	(71) 800M	
10:50	(72)200M	(74) 200M	(76) 200M	(73)200M	(75) 200M	(77) 200M	
11:05	(78) Javelin		(79) High Jump	(80) Long Jump	(81) Shot Put		
11:35	(82) 4 x 100M	(84) 4 x 100M	(86) 4 x 100M	(83) 4 x 100M	(85) 4 x 100M	(87) 4 x 100M	
LUNCH							
14:00	(88) 4 x 100M Relay (Mixed) - S.1-S.6 & Alumni (89) 10 x 200M Team Relay (Teachers & Students)						
15:30	Closing Ceremony						